



CONTENT 01 2016 | 2017 ANNUAL REPORT Collaboration for Outcomes **CORE** at a Glance Research and Evaluation EST. 2000 05 08 **Faculty Publications**

Our Research Areas

Q4

Collaborations

Teaching

CORE at a Glance



Who Are We

Housed within The University of British Columbia's Faculty of Pharmaceutical Sciences, the Collaboration for Outcomes Research and Evaluation (CORE) is an academic research group established in 2000. Led by Director, Larry Lynd, CORE's vision is to lead evidence-based evaluations to improve health-related outcomes locally, nationally, and internationally.

The overarching goal of our research is to improve health-related outcomes through the application of the best in research, education, and practice enhancement strategies. CORE strives to provide the best evidence to inform practice, policy, and future research aimed at improving clinical outcomes, quality of life, and economic benefits of health interventions. This is achieved through a combination of independent and collaborative multidisciplinary research programs including engagement with patients, clinicians, other researchers, policy makers, and both public and private sector stakeholders.

Year Highlights





COMPLETED 17

14

TRAINEES

(Masters, PhD, and Postdoctoral Fellows supervised by CORE Faculty)



16 COURSES TAUGHT



AWARDED 13M

FUNDING

(Grants awarded to CORE Faculty as Principal Investigator/Applicant)

Salary Awards



Michael Smith Foundation for Health Services, Scholar Award 2017 – 2022 \$450,000 Harrison M



Michael Smith Foundation for Health Services, Scholar Award 2016 – 2017 \$450,000 Sadatsafavi M



Canadian Institutes of Health
Research, New Investigator
Award
2016 – 2021 CIHR IRSC
\$300,000 Sadatsafavi M

The Arthritis Society, Young
Investigator
Award The Arthritis
2016 – 2019 Society
\$180,000
Harrison M

Recognitions and Accomplishments

Arthritis Alliance of Canada Early Career Researcher/Early Career Faculty Member Research Award, 2017. De Vera MA

Arthritis Research Canada Patient Advisory Board Patient Inclusion Award for outstanding contribution to patient involvement in research, 2017. **De Vera MA**

Association of Faculties of Pharmacy of Canada New Investigator Research Award, 2016 Harrison M

BC Journalism Award for Science, Technology, Health & Environment, Million Dollar Med\$ Rare Diseases in Canada, Jack Webster Awards. 2016. **Lynd LD**

Canadian Society for Pharmaceutical Sciences Early Career Award. 2016. De Vera MA

Canadian Society of Pharmaceutical Sciences New Investigator Award, New Investigator Award, 2017. Sadatsafavi M

Edward R. Murrow Award for Best Website (International Region), Million Dollar Med\$ Rare Diseases in Canada, Radio Television Digital News Association. 2016. Lynd LD

Our Research Areas

HEALTH SERVICES RESEARCH SERVI

Our Research at Work

- Identify health problems and etiologic factors (reasons) using epidemiologic and health services research
- Evaluate health system efficiencies using state-of-the-art health economics methods
- Develop and evaluate real-world healthcare solutions





Our research identified that asthma is poorly controlled in over 40% of patients in the province of British Columbia, and each week spent with uncontrolled asthma is associated with >\$190 in direct and indirect costs.

Sadatsafavi M, Rousseau R, Chen W, Zhang W, Lynd LD, FitzGerald JM. The preventable burden of productivity loss due to suboptimal asthma control: a population-based study. Chest Journal. 2014 Apr;145(4):787-93.

SOLUTION

We are currently conducting the EmPhAsIS trial to evaluate an innovative pharmacist-led text message supported intervention to monitor and address poor adherence in patients with asthma. Over 100 community pharmacies across BC have partnered with CORE to conduct this trial. The study website is found at

De Vera MA, Sadatsafavi M, Tsao NW, Lynd LD, Lester R, Gastonguay L, Galo J, FitzGerald JM, Brasher P, Marra CA. Empowering Pharmacists in Asthma Management Through Interactive SMS (EmPhAsIS): Study Protocol for a Randomized Controlled Trial. Trials Journal. 2014 Dec 13:15:488.

REASON

Our research found the main reason for this suboptimal asthma control is poor adherence (<30%) to effective controller therapies.

Sadatsafavi M, Lynd LD, De Vera MA, Zafari Z, FitzGerald JM. One-year outcomes of inhaled controller therapies added to systemic corticosteroids after asthma-related hospital discharge. Respiratory Medicine. 2015 Ma<u>r</u>;109(3):320-8.

Funding

Grants awarded to CORE Faculty as Principal Investigator/Applicant

Source	Project Title	Total
AstraZeneca Canada	Pattern and outcomes associated with inappro- priate use of short-acting beta-agonists in asthma	\$165,046
Canadian Institutes of Health Research	A population-based analysis of multi-disciplinary rheumatology nursing care for people with complex rheumatic diseases	\$271,39 7
Canadian Institutes of Health Research	Analyses of Existing Canadian Cohorts & Data- bases, Perinatal Use of Immunosuppressant Therapies and Risk of Infections in Mothers and Babies	\$74.443
Canadian Institutes of Health Research	Development, validation, and dissemination of an individualized prediction tool for acute exacerbations of chronic obstructive pulmonary disease	\$198,306
Institute for Health Transformation and Sustainability	Unlocking the Potential of Patient-Reported Outcome Measures (PROMs) to Support Health Care System Sustainability: Scoping Phase	\$26,613
Michael Smith Foundation for Health Research	Convening & Collaborating (C2) grant, Building a new partnership between the FNHA and UBC for community-based research to improve Indige- nous women's heart health	\$14,980
MS Society of Canada	MS Progressive Cohort Project	\$250,000
Pfizer Canada	Changes in the incidence of IPD with S. pneumo- nia in British Columbia	\$109,875
The Arthritis Society	A population-based analysis of multi-disciplinary rheumatology nursing care for people with complex musculoskeletal disorders	\$74,776
Vice-President Research & Innovation, UBC Grants for Catalyzing Research Clusters Competition	Orphan Drugs and Rare Disease Policy Cluster	\$100,000

Faculty





Welcome to CORE

Biography

Joining CORE in 2017, Dr. Annalijn Conklin has a background in health policy, epidemiology and public health, life sciences, and philosophy. She is a former CIHR Postdoctoral Fellow (UCLA) and was a Gates Cambridge Scholar during her doctoral training at the Centre for Diet and Activity Research in the Medical Research Council Epidemiology Unit. She also holds degrees from the University of Toronto (Hon. B.Sc.),

University of Edinburgh (Research M.Sc.), and Columbia University in the City of New York (MPH). Dr. Conklin also worked four years as a policy analyst at RAND Europe, Cambridge, where she was the Administrative Coordinator of a European project (€3.4m) with 10 partners in seven countries on developing and validating disease management evaluation methods and metrics.

Media Mentions

Why eating alone may be bad for you. Posted by Time Health, 9 February 2018

A varied diet CAN prevent diabetes but eating healthy is more expensive, say experts as they call for government help. Posted by the Daily Mail, 21 July 2016

Price gap between 'healthy' and 'unhealthy' foods is growing wider.
Posted by William Reed Business Media Market Trends, 9 October 2014

My mission is to improve the prevention and treatment of nutrition-related outcomes using novel approaches to examine and address the broader social determinants of health.

Research

Dr. Conklin's research program aims to improve the design and evaluation of complex interventions to prevent and manage chronic conditions. Her recent projects use novel approaches to examine social-level factors, and their interactions, as determinants of nutrition-related behaviours and outcomes, with a focus on gender-specific effects. Her dissertation examined the

relative contribution and interactions of socioeconomic status, financial hardships and social ties in determining healthy eating and weight status. Dr. Conklin's wide research portfolio includes cross-cutting public health topics such as patient safety, human rights, and the gender dimensions of trade and health. She has over 60 peer-reviewed publications, and nearly 850 citations.

Graduate and Post Graduate Trainees

COMPLETED

Daphne Ling Rachel Magarinos-Torres Shahzad Ghanbarian

ACTIVE

Postdoctoral Fellows



Adam Raymakers Anik Patel Wenjia Chen Zafar Zafari Celestin Hategakimana Jonathon Campbell Kate Johnson Mohammad Atiquzzaman Natalie McCormick Nelson Gorrin Nicole Tsao Nirma Vadlamudi Rebecca Metcalfe

PhD Students



Alyssa Howren Kirby Smith Luke Spooner Pardis Lakzadeh Pavan Mehat Ariana Saatchi James Hicklin Khalid Saadeldin Ross Duncan Shahrzad Salmasi Masters Students



Clinical Trainees & Undergraduate Students

Alex Sykelyk Anna Yee Jason Tan Joan Ng Kyle Collins Leanne Leung Marco Yeung Marleys LeBras Renee Dagenais Stacey Tkachuk Timothy Lim PharmD Students/ Residents

Alanna Janz Alexander Tam Anna Chen Bill Huang Ellen Kim Enavzipora Zusmai Grace Greenwood Hans Haag Jamie Park Jenny Li Jeremy Ruckensteir
Jessica Mannning
Jia Min Dong
Jia Yi Li
Joshua Quisias
Jovan Gill
Joy Que
Lester Lin
Lilly Lin

Michelle Chau Le Michelle Pak Nehmat Pawar Ravinder Jammu Robin Lee Tim Leung Tim Liang Xiaoran Guo Yolanda Lin

Undergraduate *
Students



*Undergraduate students include: Summer Students, Directed Studies , and Research Assistants Supervised

Publications

Α

Amiri N, **De Vera MA**, Choi HK, Sayre EC, Avina-Zubieta JA. Increased Risk of Cardiovascular Disease in Giant Cell Arteritis: A General Population-Based Study. Rheumatology. 2016 Jan;55(1):33-40.

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Curr Rheumatol Rep. 2017 Sep 18;19(10):66.

Chen W, Din DD, FitzGerald JM, Sadatsafavi M. Excess Economic Burden of Comorbidities in COPD: a 15-year population-based study European Respiratory Journal. Eur Respir J. 2017 Jul 27:50(1).

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Chen W, Lynd LD, FitzGerald JM, Sadatsafav, M. Influences of socioeconomic status on costs of asthma under universal health coverage. Med Care. 2016 Aug;54(8):789-95.

Ciprandi G, Tosca MA, Cirillo I, Gallo F, Ricciardolo FL, **Sadatsafavi M**, Mark FitzGerald J. The asthma control in daily practice. Allergy. 2016 Jun;71(6):907-9.

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Conklin AI, Ponce NA, Crespi CM, Frank J, Nandi A, Heymann J. Economic policy and the double burden of malnutrition: cross-national longitudinal analysis of minimum wage and women's underweight and obesity. Public Health Nutr. 2017 Dec 6;1-8 [Epub ahead of print].

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13.204

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9.270

IMPACT FACTOR

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Collaborations



Teaching

Undergraduate Courses

PHRM 100 - Foundations of Pharmacy: Pharmacist, Patient, and Healthcare Systems

PHRM 111 - Medication Management I

PHRM 131 - Study Design & Interpretation I

PHRM 211 - Medication Management II

PHRM 212 - Medication Management III

PHRM 231 - Study Design and Interpretation II

PHAR 440 - Pain and Research Therapy

PHAR 450K - Leadership Experience
Applied to Pharmacy

PHAR 451 - Therapeutics III

PHAR 456 - Applied Pharmacoeconomics

Graduate Courses

PHAR 501 - Advanced Pharmacotherapeutics

PHAR 506 - Critical Appraisal of Pharmacotherapy Literature.

PHAR 534 - Clinical Clerkships II

PHAR 535 - PharmD Seminar

PHAR 554 - Advanced Hospital Pharmacy Management

PHAR 591 - Scholarly Integrity and Research Ethics

SPPH 581Q - Economic Evaluation II

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